

ACCOMMODATION RATES

Accommodation	No. of Rooms (Inventory)	Maximum Occupancy	Published Rates/ Night
			Single or Double Occupancy unless indicated
Sulu Terrace	5	2 Persons	USD 200.00 ++
Palmera Suite	4	2 Persons	USD 350.00 ++
Palmera Glass Villa	4	2 Persons +1 Extra Person	USD 450.00 ++
Anahaw Family Villa	2	4 Persons +1 Extra Person	USD 450.00 ++
Garden Villa	4	2 Persons + 1 Extra Person	USD 600.00 ++
Garden Glass Villa	2	2 Persons + 1 Extra Person	USD 700.00 ++
Narra Pool Villa	10	2 Persons + 1 Extra Person	USD 800.00 ++
Master Villa	1	2 Persons + 2 Extra Persons	USD 1,250.00 ++
The Lakan 2 Bedroom Villa	1	4 Persons + 2 Extra Persons	USD 1,800.00 ++

All accommodation options include:

- Refreshing welcome drink
- Daily breakfast, afternoon tea and healthy snacks.
- Complimentary WiFi access throughout the Resort
- Participation in Daily Movement & Fitness Activities: yoga, meditation, tai-chi, qigong, food preparation class, core training, fitness walks and more!
- Use of our swimming pools, gym, meditation lounge and pavilions

Terms and Conditions For Program:

- Rates are subject to 10% Service Charge and 12% Government Tax.
- Private car transfers are available to & from Manila International Airport at USD 200.00++ round trip for a maximum of 3 persons. Travel time is only 90-minute drive to or from The Farm.
- Extra Person will incur a surcharge of USD 50.00++ per night, which includes a gourmet breakfast at ALIVE! Restaurant.
- Children aged 12 years and under stay at The Farm for free when sharing a room with adults (meals are not included)
- Cancellation Policy Applies.
- Rates & inclusions are subject to change without prior notice.
- Published Rates valid until December 31, 2017.
- Please note that foreign currency values are subject to change. The Farm will use the prevailing "Hotel Exchange Rate of the Day" on the date of payment.

THE FARM WELLNESS PROGRAM.

WELLNESS EXPERIENCE. Both three (3) and five (5) night programmes are based on holistic approach and principles of preventive medicine – early detection, prevention, diagnosis and correction of age-related imbalances. Aging gracefully and in full health. This is today's reality provided the individual assumes responsibility for his health and well-being. We can teach and show the way but it is up to the person to follow the road of good nutrition, regular exercise, natural supplements, hydration, quality sleep and relaxation, regular check-ups and detoxifications... Which leads to an ultimate quality of life – life full of Joy, Harmony and Vitality. We reach it through a synergy of laboratory diagnostics, personalized medical consultations, personalized exercise and dietary plans, advanced and traditional aesthetic medicine technics and edge-cut achievements of natural therapies.

DETOX CLEANSE. By DETOX we mean the process of freeing our bodies of toxins accumulated due to stressful and polluted environment to which most of the FARM's guests are exposed in their everyday life. When doing a DETOX, we are assisting out natural detoxifying system to eliminate the toxic burden, to regain a state of health balance, the strengthening of the immune system, an overall physical and mental well-being.

WEIGHT MANAGEMENT. We create an individual program aiming at sustainable result. The program derives from our concept of life-changing experience. Together with our guests, we name the life habits that need to be changed – be it eating, drinking, physical activities or mind-related ones. A personalized program is created and being implemented while at the FARM. The guest goes home with his doctor's recommendations on follow-up based on his experience at the FARM.

Weight Management program includes many of DETOX features, but as well rich thermal and spa experience and plenty of calories-burning movements – dynamic pool, aqua aerobics, gym programs, power walk etc.

MIND AND BODY RESTORATION. This program involves a number of Mind activities, Mindfulness and Stress & Burnout check-ups and retreat programs – often with visiting Masters and Art of Living Foundation course. The program teaches to let go and ultimately surrender – to the divine inside you. The FARM provides an ideal Alkaline environment of peace and tranquility – ultimate luxury of today's world. We teach the guest to build a harbor of peace inside his own heart so he would never part with it even when leaving the paradise behind. The program improves the nervous system, the immune system, puts back to normal sleeping disorders, fights headaches and creates a sort of "defense shield" that can be used in everyday life post-FARM.

FITNESS. FITNESS PACKAGE is created for those who can't spend a day without action. As well during the long stay of 3-4 weeks can be suggested as the last 7 days – a final touch and bridge between jungle life and city life realities. This program is designed to push the volunteers to the limit and bring them to the next level of fitness conditions.

BEAUTY AND VITALITY. In this program we offer advanced Wellness and Anti-Ageing solutions of Beauty and Aesthetic Medicine. Starting by detox and immune system strengthening, we lead the guest to the timeless experience of Alkalizing his body, mind and thoughts. As no bad cells can live in the Alkaline environment, which means that it is one of the solutions how to fight time. Every human being is meant to thrive, every physical body is being born beautiful – so we re-connect and re-address this primordial beauty through ancient rituals and modern anti-age solutions.

The Farm Wellness Programs

PEAK PERIOD

JANUARY 25 - FEBRUARY 4, APRIL 9 - 15 and DECEMBER 22 – JANUARY 2, 2018

ACCOMMODATION	OCCUPANCY	3-NIGHT (Wellness Experience)	5-NIGHT	7-NIGHT (Detox Cleanse, Weight Management, Mind and Body Restoration, Beauty and Vitality, Fitness)	14-NIGHT	21-NIGHT	EXTRA NIGHT
Sulu Terrace	single	\$ 1,650	\$ 2,750				\$ 550
	twin	\$ 1,350	\$ 2,250				\$ 450
Palmera Suite	single	\$ 1,950	\$ 3,250	\$ 4,550	\$ 9,100	\$ 13,650	\$ 650
	twin	\$ 1,500	\$ 2,500	\$ 3,500	\$ 7,000	\$ 10,500	\$ 500
Palmera Glass Villa	single	\$ 2,400	\$ 4,000	\$ 5,600	\$ 11,200	\$ 16,800	\$ 800
	twin	\$ 1,650	\$ 2,750	\$ 3,850	\$ 7,700	\$ 11,550	\$ 550
Anahaw Family Villa	single	\$ 2,400	\$ 4,000	\$ 5,600	\$ 11,200	\$ 16,800	\$ 800
	quadruple	\$ 1,350	\$ 2,250	\$ 3,150	\$ 6,300	\$ 9,450	\$ 450
Garden Villa	single	\$ 2,700	\$ 4,500	\$ 6,300	\$ 12,600	\$ 18,900	\$ 900
	twin	\$ 1,800	\$ 3,000	\$ 4,200	\$ 8,400	\$ 12,600	\$ 600
Garden Glass Villa	single	\$ 3,000	\$ 5,000	\$ 7,000	\$ 14,000	\$ 21,000	\$ 1,000
	twin	\$ 1,950	\$ 3,250	\$ 4,550	\$ 9,100	\$ 13,650	\$ 650
Narra Pool Villa	single	\$ 3,300	\$ 5,500	\$ 7,700	\$ 15,400	\$ 23,100	\$ 1,100
	twin	\$ 2,250	\$ 3,750	\$ 5,250	\$ 10,500	\$ 15,750	\$ 750
Master Villa	single	\$ 4,650	\$ 7,750	\$ 10,850	\$ 21,700	\$ 32,550	\$ 1,550
	twin	\$ 2,850	\$ 4,750	\$ 6,650	\$ 13,300	\$ 19,950	\$ 950
The Lakan	single	\$ 6,300	\$ 10,500	\$ 14,700	\$ 29,400	\$ 44,100	\$ 2,100
	quadruple	\$ 2,400	\$ 4,000	\$ 5,600	\$ 11,200	\$ 16,800	\$ 800

Rates are per person and exclusive of 22% Government Taxes and Service Charge

Rates are quoted in US Dollars (USD)

The Farm Wellness Programs

HIGH SEASON

JANUARY 1 – MARCH 31, 2017 and OCTOBER 1 – DECEMBER 22, 2017

ACCOMMODATION	OCCUPANCY	3-NIGHT (Wellness Experience)	5-NIGHT	7-NIGHT (Detox Cleanse, Weight Management, Mind and Body Restoration, Beauty and Vitality, Fitness)	14-NIGHT	21-NIGHT	EXTRA NIGHT
Sulu Terrace	Single	\$ 1,320	\$ 2,200				\$ 440
	twin	\$ 1,080	\$ 1,800				\$ 360
Palmera Suite	single	\$ 1,560	\$ 2,600	\$ 3,640	\$ 7,280	\$ 10,920	\$ 520
	twin	\$ 1,200	\$ 2,000	\$ 2,800	\$ 5,600	\$ 8,400	\$ 400
Palmera Glass Villa	single	\$ 1,920	\$ 3,200	\$ 4,480	\$ 8,960	\$ 13,440	\$ 640
	twin	\$ 1,320	\$ 2,200	\$ 3,080	\$ 6,160	\$ 9,240	\$ 440
Anahaw Family Villa	Single	\$ 1,920	\$ 3,200	\$ 4,480	\$ 8,960	\$ 13,440	\$ 640
	quadruple	\$ 1,080	\$ 1,800	\$ 2,520	\$ 5,040	\$ 7,560	\$ 360
Garden Villa	single	\$ 2,160	\$ 3,600	\$ 5,040	\$ 10,080	\$ 15,120	\$ 720
	twin	\$ 1,440	\$ 2,400	\$ 3,360	\$ 6,720	\$ 10,080	\$ 480
Garden Glass Villa	single	\$ 2,400	\$ 4,000	\$ 5,600	\$ 11,200	\$ 16,800	\$ 800
	twin	\$ 1,560	\$ 2,600	\$ 3,640	\$ 7,280	\$ 10,920	\$ 520
Narra Pool Villa	single	\$ 2,640	\$ 4,400	\$ 6,160	\$ 12,320	\$ 18,480	\$ 880
	twin	\$ 1,800	\$ 3,000	\$ 4,200	\$ 8,400	\$ 12,600	\$ 600
Master Villa	single	\$ 3,720	\$ 6,200	\$ 8,680	\$ 17,360	\$ 26,040	\$ 1,240
	twin	\$ 2,280	\$ 3,800	\$ 5,320	\$ 10,640	\$ 15,960	\$ 760
The Lakan	single	\$ 5,040	\$ 8,400	\$ 11,760	\$ 23,520	\$ 35,280	\$ 1,680
	Quadruple	\$ 1,920	\$ 3,200	\$ 4,480	\$ 8,960	\$ 13,440	\$ 640

Rates are per person and exclusive of 22% Government Taxes and Service Charge

Rates are quoted in US Dollars (USD)



2017 RATE SHEET

The Farm Wellness Programs

OFF-PEAK SEASON
APRIL 1 – SEPTEMBER 30, 2017

ACCOMMODATION	OCCUPANCY	3-NIGHT (Wellness Experience)	5-NIGHT	7-NIGHT (Detox Cleanse, Weight Management, Mind and Body Restoration, Beauty and Vitality, Fitness)	14-NIGHT	21-NIGHT	EXTRA NIGHT
Sulu Terrace	Single	\$ 1,155	\$ 1,925				\$ 385
	twin	\$ 945	\$ 1,575				\$ 315
Palmera Suite	single	\$ 1,365	\$ 2,275	\$ 3,185	\$ 6,370	\$ 9,555	\$ 455
	twin	\$ 1,050	\$ 1,750	\$ 2,450	\$ 4,900	\$ 7,350	\$ 350
Palmera Glass Villa	single	\$ 1,680	\$ 2,800	\$ 3,920	\$ 7,840	\$ 11,760	\$ 560
	twin	\$ 1,155	\$ 1,925	\$ 2,695	\$ 5,390	\$ 8,085	\$ 385
Anahaw Family Villa	single	\$ 1,680	\$ 2,800	\$ 3,920	\$ 7,840	\$ 11,760	\$ 560
	quadruple	\$ 945	\$ 1,575	\$ 2,205	\$ 4,410	\$ 6,615	\$ 315
Garden Villa	single	\$ 1,890	\$ 3,150	\$ 4,410	\$ 8,820	\$ 13,230	\$ 630
	twin	\$ 1,260	\$ 2,100	\$ 2,940	\$ 5,880	\$ 8,820	\$ 420
Garden Glass Villa	single	\$ 2,100	\$ 3,500	\$ 4,900	\$ 9,800	\$ 14,700	\$ 700
	twin	\$ 1,365	\$ 2,275	\$ 3,185	\$ 6,370	\$ 9,555	\$ 455
Narra Pool Villa	single	\$ 2,310	\$ 3,850	\$ 5,390	\$ 10,780	\$ 16,170	\$ 770
	twin	\$ 1,575	\$ 2,625	\$ 3,675	\$ 7,350	\$ 11,025	\$ 525
Master Villa	single	\$ 3,255	\$ 5,425	\$ 7,595	\$ 15,190	\$ 22,785	\$ 1,085
	twin	\$ 1,995	\$ 3,325	\$ 4,655	\$ 9,310	\$ 13,965	\$ 665
The Lakan	single	\$ 4,410	\$ 7,350	\$ 10,290	\$ 20,580	\$ 30,870	\$ 1,470
	quadruple	\$ 2,520	\$ 4,200	\$ 5,880	\$ 11,760	\$ 17,640	\$ 840

Rates are per person and exclusive of 22% Government Taxes and Service Charge
Rates are quoted in US Dollars (USD)